



FOR IMMEDIATE RELEASE
May 4, 2017

Media contact:
Dave Eck
(513) 368-6453
dave@deckpr.com

New video promotes life as a Catholic sister

TOLEDO – A new video that promotes religious life as an appealing option for women is being released in conjunction with the World Day of Prayer for Vocations on May 7. It can be viewed online at <https://youtu.be/MLHQjKotUhk>.

The video from A Nun's Life Ministry features Sister Audra Turnbull sharing her discernment story. Now a canonical novice with the Sisters, Servants of the Immaculate Heart of Mary (IHM), in Monroe, Mich., Sister Audra began seriously thinking about becoming a nun when she was a freshman at Quincy University in Illinois. She turned to the Internet for more information.

"The Internet was integral to learning more about religious life," Sister Audra said. She added that when she sensed a possible call to religious life, "I couldn't imagine that it was even an option for me. I needed more information, but wasn't ready to talk to anyone about it yet." She said that going online enabled her to anonymously research religious life.

Her research led her to A Nun's Life, an Internet-based ministry where she learned that young sisters are working on important issues. She soon realized that life as a nun could be right for her and she began taking the next steps.

A native of Monroe City, Missouri, Sister Audra was raised Catholic and graduated from Quincy University with a bachelor's degree in broadcasting. She hopes the video encourages other young women who are discerning their own call.

"I remember when I was discerning I just felt alone," she said. "I want to show young women that they are not alone in this journey. It is a wonderful life choice. So far, it's been a beautiful adventure and I've grown so much."

The video was filmed last October at the Sisters, Servants of the Immaculate Heart of Mary motherhouse in Monroe, Mich., and at the congregation's formation house near Detroit.

"We wanted to highlight that young women are still very interested in religious life and are pursuing that vocation," said Sister Maxine Kollasch, co-founder of A Nun's Life Ministry.

“Being on the Internet helps us reach out to women who are wondering about religious life,” said Sister Julie Vieira, also a co-founder of A Nun’s Life. “It gives women, especially those who don’t know or live near any Catholic sisters, a great way to learn more about religious life and to interact directly with sisters.”

###

[A Nun’s Life Ministry](#) (NL) is an Internet-based ministry at [aNunsLife.org](#) and on social media. The ministry was founded in 2006 on the belief that each person is called by God to a vocation that enriches the individual and the world. A Nun’s Life fosters a culture of vocation online by engaging with people from 150 countries about spirituality, discernment, religious life, and many other topics. It is based in Toledo, Ohio.