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Cycling with Sisters prayer pilgrimage rolls out September 11, 2020

60-mile bike ride for social justice features livestreaming prayer throughout the day

FOR IMMEDIATE RELEASE (September 3, 2020) – Next Friday morning, September 11, ten cyclists will set out on a journey with miles of prayer. During the 60-mile ride in northern Indiana, they'll stop to pray for the needs of the world, inviting people from across the globe to join them via livestream.

The ride begins in Chesterton, Indiana, at 6:15 a.m. Central Time and ends in South Bend, Indiana, at 4:30 p.m. Central Time. The riders include Sisters from three different religious congregations and lay men and women.

There will be five prayer sessions during the ride, and each will be livestreamed on the Cycling with Sisters Facebook page, with Sisters from the U.S. and Canada serving as prayer leaders. Assistance with the livestream will be provided remotely, from a Carmelite monastery with expertise in online prayer.

Throughout the day, updates from the road will be posted on <u>Facebook</u>, <u>Twitter</u>, and <u>Instagram</u>. The <u>schedule of prayer times</u>, the <u>prayer booklet</u>, profiles of the cyclists, and other information are available on the Cycling with Sisters <u>website</u>.

Cycling with Sisters is co-sponsored by A Nun's Life Ministry and the Communicators for Women Religious, with grant support from the GHR Foundation. The next Cycling with Sisters event is scheduled for October 3, 2020, on Prince Edward Island, Canada.

The purpose of Cycling with Sisters is to raise awareness and encourage action on behalf of pressing issues in the world today, such as homelessness, the environment, human trafficking, and violence.

"Catholic Sisters around the globe work every day on issues such as these, issues whose impact is greatest on people living in poverty," said Sister Maxine Kollasch, IHM, Executive Director of A Nun's Life Ministry. "Many Sisters live and work alongside the people in areas of immense hardship," she noted, "and during the bike ride, we'll share some of their stories."

"The bike ride is a way to go forth and share the social justice mission of Catholic Sisters with others," said Ms. Ginny Hizer, Executive Director of the Communicators for Women Religious. "We welcome everyone to join the ride online, participate in prayer, and follow along with the cyclists on the pilgrimage path."

Hope and Resilience

The theme for the ride is "Hope and Resilience," qualities that propelled the project forward after Covid-19 derailed months of planning by the Cycling with Sisters Committee. The ride was originally designed to be a multiday event with dozens of cyclists, with stops along the way for prayer at Catholic schools and parishes, and at Catholic Sisters' places of ministry. In March, however, the plans came to an abrupt halt, as the coronavirus was spreading quickly, and many states began to implement quarantines and other measures to try to slow the progression of the virus.

In April, after careful consideration, the committee opted to redesign the project, creating a "Covid-compliant" event. The ride was redeveloped to not only safeguard the cyclists and the support team, but also to offer new features for a compelling experience of the ride and the prayers for people joining by way of the internet. Among the many changes were a steep reduction in the number of riders in light of changing limits on the size of group gatherings and a one-day ride vs. multiday ride.

The committee chose one of the original ride dates, September 11, for the new ride, connecting with another event in history that challenged the world and called forth a deep spirit of resilience and hope.

For more information about the ride on September 11 and how to join the livestreaming prayer, visit the Cycling with Sisters website.

<u>A Nun's Life Ministry</u> (NL) is an online ministry that helps people discover and grow in their vocation, wherever God is calling them. We are Catholic sisters and nuns who engage with a vibrant online community around faith, vocation, and finding joy in everyday life. We interact with people in 175 countries and all walks of life.

<u>Communicators for Women Religious</u> (CWR) is a professional organization of personnel responsible for communications within Catholic religious congregations of women. CWR provides networking and professional education for its members who communicate and advance the mission and ministries of women religious.

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